

# What are Dressage and Western Dressage?

In Dressage, you will demonstrate your horse's movement, relaxation, and obedience by performing certain maneuvers in the form of tests. All tests can be read aloud to riders during competition and are available online to practice at home. Dressage is shown at specific levels and may be ridden Western or English depending on the class. In Western Dressage, two hands and snaffle bits are permitted regardless of horse's age.

In *Walk-Trot Level* (English) and *Introductory Level* (Western), required movements are medium walk, free walk, and rising trot / jog. All work is performed on 20 m circles and straight lines. In *Training Level* (English) and *Basic Level* (Western), the required movements are medium walk, free walk, working trot/jog, free trot/job, and canter/lope. All work is performed on 20 m circles, straight lines, and loops. In *First Level* (English and Western), horses are required to show lengthening of trot and canter, and display balance on smaller circles.

A horse may enter only two consecutive levels at any show and must not complete more than 4 tests in one day. Riders and horses may enter both Western and English Dressage at the same show if they choose.

## Tests used at the PAWWSHA Show:

English Dressage classes: <https://www.equestrian.ca/sport/dressage/tests>

SHF Heritage Western Dressage classes: <http://www.westernstyledressage.ca/rules-tests-1.html>

All other Western Dressage classes: <http://westerndressageassociation.org/wdaa-tests/>



**Join us at our Beat the Heat Show July 14th & 15th, 2018 in Melville, SK to give Dressage or Western Dressage a try!**

Our goal at the PAWWSHA Beat the Heat show is for everyone to have fun and try something new! Other classes offered include Sport Horse in Hand, Western Suitability Halter, Trail (Western, English, and In-Hand), Reining, Western Horsemanship, Ranch Riding, Western Riding, Sport Horse Show Hack, Sport Horse Under Saddle, and English Equitation.

Visit our website or Facebook page for more information!

[www.prairiearabians.com](http://www.prairiearabians.com)

